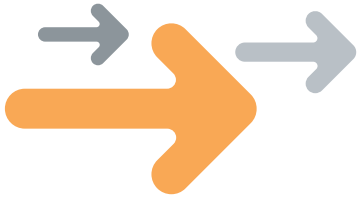


...not just skates, it's fitness on wheels!



With over **25 years of experience** integrating school skate programs, **Skatetime®** has delivered fitness through skating to promote balance, coordination, elevated motor skills, enhanced cardio wellness, and most of all...FUN!

Not a skater? Don't worry, you can coach your students just like any other sport...from the sidelines.

Can in-line skating and roller skating help you to meet the State & Federal Standards for Physical Development and Health? Yes!

State Goal 19:

Skating can help students demonstrate competency in an individual sport and leisure activity.
Skating can demonstrate knowledge of safety rules during physical activity.
Skating can help demonstrate safe movement in physical activities.

State Goal 20:

Skating can help students access individual fitness levels.

State Goal 21:

Skating can help students to follow directions and class procedures while participating in a physical activity.
Skating can also enable you to meet the National Standards for Physical Education by:

(Standards 1 & 2)

Developing and improving motor skills

(Standards 2 & 3)

Expanding cross-training opportunities

(Standard 3)

Promoting participation and transfer of skills outside the school environment

(Standards 3 & 4)

Increasing the level of physical activity and physical fitness

(Standard 5)

Developing social skills
Increasing safety knowledge

(Standard 7)

Increasing enjoyment of a physical activity
Increasing self-esteem



contact our Skatetime® Team
Toll Free 888.767.5283

skatetime.com

